

*I was asked by my work place if I would like to travel to Ireland for a Celtic Pilgrimage. I was very excited by the prospect but had no preconceived ideas of what the journey would hold, never having been on a pilgrimage before. The journey challenged me in many ways and I don't think it's possible to fully comprehend the enormity of a pilgrimage; it's an experience that needs to be lived. My journey led to a spiritual awakening and a deeper understanding of my own Celtic roots. The process was lovingly guided by the facilitators and sustained me through my own spiritual journey. I saw this time as a special gift to myself and finding my inner sacred space. This was heightened by the beautiful sacred spaces we visited, the time to meditate and reflect and the positive interactions with others, on their own inner journeys. It was a wonderful experience and I would highly recommend this pilgrimage to anyone who is on a journey of inner knowing.*

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